

ALUMNI COACHING PROGRAM



FCN Foundation – Alumni Coaching Program FAQs

Coaches & Mentees

- **Why is FCN Foundation providing this coaching platform?**
 - The FCN Foundation is launching a new App and nurturing online coaching relationships within our membership community to help foster youth and alumni attain their goals. We want to support resilience, advance skills, and build capacity to complete post-secondary & professional goals. FCN seeks to cultivate a positive impact through developing meaningful relationships that focus on skill development and results.
- **What sort of time commitment does it involve?**
 - Coaches and mentees decide exactly how much time you feel comfortable offering/sharing through the Alumni Coaching Program. It's definitely important to talk early on in the coaching relationship about the commitment you are willing to make to participate in the program. It is highly suggested that Coaches/Mentees connect weekly through the app. The FCN Foundation's App makes it very easy to reach out to each other through text and video. You don't need to exchange phone numbers unless you want to!

Mentees:

- **Who should sign up to be a mentee?**
 - Foster youth 17+ and alumni are invited to join the Alumni Coaching Program.
 - We are seeking mentees that want to start a coaching relationship to work on personal and/or professional goals, which could include attainment of post-secondary education.
 - Mentees could identify with any of the following experiences: currently in foster care, alumni of foster care, experienced kinship, adoption and/or homelessness prior to age 18.
- **How do I become a mentee (and what are some of the perks of getting involved)?**
 - To become a mentee simply go online to the [FCN's Membership website](#) (You get a free six month membership). Once you register as a member, you will be given an access code to the FCN Foundation App and prompted to provide initial profile information.

- Additionally, this summer, FCN will host the [SOFY Summer Program](#) for mentees seeking and/or completing post-secondary education. Every participant will be matched with an Alumni Coach. SOFY applications are due June 1, 2020. To learn more about this program, please visit the SOFY website for complete program details and application link. SOFY participants who complete the six week program are eligible to receive up to \$500 of emergency assistance to complete their post-secondary goals.

Coaches:

- **Who should volunteer to be Alumni Coaches?**
 - Coaches are recommended to be 25+ and at any stage in their career. It's about Alumni supporting and serving alumni. We are in this together!
 - Coaches represent foster youth as Alumni Successes. We are defying stigma and pursuing our goals with passion and purpose.
 - Coaches can be from anywhere in the United States and must have access to our app via a phone.
 - Whatever age, stage, background or geography—the FCN Foundation needs you.
- **How many mentees should I coach?**
 - An Alumni Coach can decide how many mentees s/he wishes to accept, but we have limited it to three for now. For those who are new to Alumni Coaching, it may be better to engage with just one or two to begin with, monitor progress with them, and take on others as and when you feel comfortable to do so.
- **How do I become a Coach?**
 - To become a Coach simply go online to the [FCN's Membership website](#) (You get a free six month membership).
 - Once you register as a member, you will be given an access code to the FCN Foundation APP and prompted to provide initial profile information.
 - You will be taken through the Alumni Coach on-boarding process and complete an assessment to receive a professional development certificate.
 - We are excited to support you as a volunteer/Alumni Coach!
 - Finally, *make sure you watch the training video prior to signing up for the FCN Foundation App:* <https://www.youtube.com/watch?v=mI ZZwPpwkxY&feature=youtu.be>

Questions? Please contact:

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